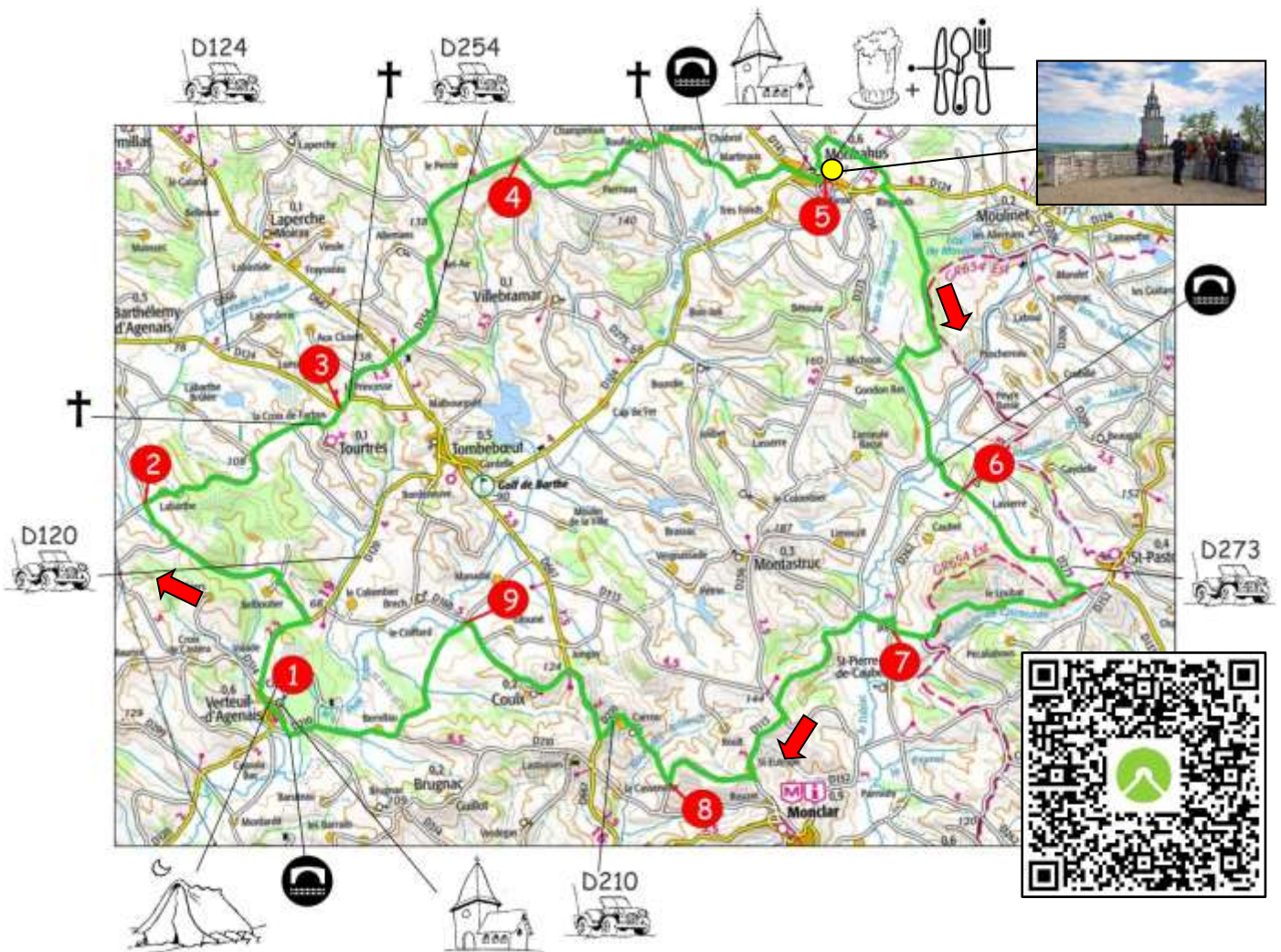
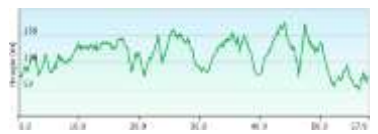




Bike ride - Monbahus

distance : 58 km - height difference : 126 m - **to climb : 975 m**
 departure : camping Charmant - gpx : ft-Monbahus-58km



1. You leave the campsite between camping spots 2 and 3 with the riding arena (and stable) on your right. (= Notenlaan) At the road, turn right. Drive on the D120 for approximately 1400 m. There, at the C101, take the fork on the left (= direction Caréal / Route de la Forêt) - keep left at the fork (not Taradel) - then turn right (= direction Le Range du Bel Air).
2. At the intersection, turn right at C202 (direction Tourtrès). At the fork, turn right (C1 direction Tourtrès) - at the fork, turn left at the crossroads (direction Circuit de Bastides).
3. T-junction at give way sign, turn right (D124 direction Tombeboeuf) - 1st junction on the left (D275 direction Villebramar). At the junction with stop sign, go straight ahead (D254 direction Villebramar) - stay on the D254 - Y-junction on the right (D254 direction Montignac de Lauzun - ignore C202 (direction Montignac de Lauzun).
4. Turn right (= C105 direction 2.5 Villebramar) - (ignore C101) - Y-junction left (not C101) - Y-junction left (not Petit Bois) - keep left (= Route des Pierroux) - T-junction at the sign for Hameau de Rouffiac on the right. T-junction at the cross on the left - 2nd right (= Route de Chabrol) - T-junction with give way sign on the right (= D145) - junction at the D124 on the left (= direction Cancon).

At the intersection near the church, turn right before the restaurant/bar Le Portugais.

To see the Butte du Moulin de la Vierge (the hill with the Virgin's Mill), take the small street directly across from the restaurant (Rue des Moulins) up the slope. This offers a 360° panoramic view of the surrounding landscape.

5. At the church, turn left (direction 3 Monviel) - T-junction at Rue du Collège, turn right - Y-junction, turn right (direction Monviel) - turn right (Rue de Tabaste) - crossroads with priority sign, straight ahead - T-junction with priority sign, turn right - 1st asphalt road on the left (Route de Loupinat). Ignore side roads until the crossroads with white-red posts. Turn left there (D273). Ignore C2 Montastruc.
6. At the intersection, straight ahead (= D273 towards St Pastour) - After 2.9 km, turn right at Route de Latupouette.
7. T-junction at stop sign turn right (= D262) - 1st left (= C2 Montastruc).
T-junction left (= Route de **Pierrette**) - T-junction with stop sign on the left (= D113) - within built-up area, 1st right (= Route de Silos) - after the silos keep right - junction at the sign for Route de Carrou turn right.
8. At the stop sign, turn right - follow blue and white arrows - at the D160 Coulx, turn left.
9. Crossroads on the left at the containers (Route du Manadal) - ignore all side roads until the T-junction at Bernifau. Turn right (D210) - at the junction, go straight at the stop sign (direction Verteuil d'Agenais - cross the small bridge - at the cemetery, turn right (D314) towards the village of Verteuil d'Agenais) - T-junction, turn right - continue on the D120 to the campsite.

